

# Perspectives

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## Healthy Office Trends

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The trend for green offices are better for employee health and long-term job happiness. Many companies are looking for ways to help promote employee health through "eco-friendly" offices and space amenities.

**According to the World Green Building Council, space design has a major impact on employee health, happiness and productivity.**

What can you do to measure your employees' office health? Here are a few factors to consider:

- Quality indoor air & ventilation that circulates fresh, clean air.
- Daylight & lighting levels for task areas should range from 300-500 lux. Natural light should be maximized whenever possible, but LED lights may provide a useful alternative.
- Office spaces of the future are trending toward "hybrid" or task-specific spaces. In a lively, collaborative area, noise won't be a concern. But in an area for focused solo work, white noise may be necessary.
- Interior layout & an active design that encourages walking and taking the stairs tends to be better for staff.
- Look & feel of the space depends on the office culture, but designers should think about the tasks being done in the space and structure offices with employees and their clients in mind.
- Choosing offices close to public transportation is a great way to discourage reliance on personal cars and encourage employees to walk and bike to work.

## Next Steps:

Citadel Partners, LLC can analyze your current space and help to create a plan for your office to become a healthy, happy place for your employees to enjoy their day, be productive and enhance profitability.

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